

“It is the supreme art of the teacher to awaken joy in creative expression and knowledge”.  
 Author Unknown

# Therakids

## ADDRESSING THE NEEDS OF EDUCATORS AND PLANTING THE SEEDS OF CLASSROOM WELLNESS.

### Keyboarding & Visual Motor Integration

An important component of keyboarding is visual motor integration. Visual motor integration measures a child's ability to make sense of visual information and then use it appropriately for a motor task such as writing, playing sports, using tools and utensils, and keyboarding.

#### Tips for teaching keyboarding

- Set realistic goals
- Teach letter keys in groups (i.e home row)
- Mark key groups with brightly colored stickers. 1 color for left hand, another color for right hand
- Focus on technique and accuracy before speed
- Provide a picture of the keyboard next to the screen. Encourage kids to look at the picture rather than looking down at the keyboard
- Our muscles learn from repetition. The more they practice, the easier it will be for their muscles to “learn” this new skill

#### Tips for at home

- Practice, practice, practice!
- Make it fun and meaningful for the child. Let them make up their own list of words to type. Type letters to friends, grandparents, etc.
- Play typing games online. Focus on technique, and accuracy before speed.

#### Visual Motor activities for home

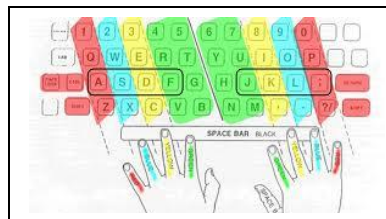
- Mazes
- Dot to dots
- Seek & find activities
- Word searches
- Scavenger hunt
- Lacing cards
- Cooking/baking (following a recipe with help)
- Setting the table (copying 1 pre-set table setting)

#### Suggested websites:

- [www.abcya.com/kids\\_typing\\_game](http://www.abcya.com/kids_typing_game)
- [www.learninggamesforkids.com](http://www.learninggamesforkids.com)
- [www.funtotype.com](http://www.funtotype.com)

#### IPad Apps:

- TapTyping
- English Typing Class



Therakids P.C. provides specialized occupational, physical and speech therapy services to help children overcome developmental concerns. Services are provided in the school setting throughout southwestern Illinois by licensed occupational therapists, occupational therapy assistants, physical therapists, physical therapist assistants and speech-language pathologists. Email: [www.Therakids.org](http://www.Therakids.org)

