

**THIS ISSUE:
HOW TO SPOT GOOD GRIP**

**NEXT ISSUE:
HOW TO SPOT CORRECT
DESK & SEAT HEIGHT**

Thera *kids*

**ADDRESSING THE NEEDS OF EDUCATORS
AND PLANTING THE SEEDS OF CLASSROOM WELLNESS.**

HOW TO SPOT GOOD GRIP

Inappropriate Thumb Wrap Grasp



Inappropriate Supinated Grasp



Why is Good Grip Important?

Good writing and coloring grip helps children write and color with more ease, accuracy, and speed.

Children with poor grip might often demonstrate difficulty completing written assignments such as worksheets, copying from the blackboard, or completing tests.

Children with poor grip might also experience increased frustration with written activities due to hand and finger fatigue.

Appropriate Tripod Grasp



WEBSITE WATCH:

Check out this website for a great video demonstration when teaching children good grip:

www.parentchildeeducation.com

Click on the early learner tab then look for pencil grip.

Therakids P.C. provides specialized occupational, physical and speech therapy services to help children overcome developmental concerns. Services are provided in the school setting throughout southwestern Illinois by licensed occupational therapists, occupational therapy assistants, physical therapists, physical therapist assistants and speech-language pathologists. **Email:** www.Therakids.org

